

# Offerings

#### StephQKing Coaching & Consulting LLC

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#### **ISSUED BY**

STEPHQKING COACHING & CONSULTING LLC

#### **REPRESENTATIVE**

STEPHANIE KING

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## About Steph Q. King

Stephanie King is an experienced professional coach who has worked with small and large enterprises around the world. As an executive coach, Stephanie offers a customized and personalized approach that is tailored to the unique needs and goals of each individual client. She has a deep understanding of the specific challenges that executives face and works collaboratively with her clients to identify areas for growth and development.

Stephanie's approach to executive coaching is highly effective because it leverages self-assessment tools like the Enneagram and Hogan Assessment. These tools enable her clients to gain a deeper understanding of their personality traits, strengths, weaknesses, and behavioral tendencies. By utilizing these tools, Stephanie helps her clients to develop greater self-awareness, emotional intelligence, and leadership skills.

The benefits of Stephanie's coaching approach are many. By gaining a deeper understanding of themselves, her clients are able to make more informed decisions, communicate more effectively, and build stronger relationships. They also develop the skills and strategies needed to become more effective leaders and team members and work more collaboratively with their colleagues.

Overall, Stephanie's coaching approach is highly effective for executives who are looking to grow and develop in their roles. Her expertise and experience enable her to provide valuable guidance and support, and her use of self-assessment tools ensures that her clients are able to gain the insights they need to succeed in their roles.

## The Six Thinking Hats

Customized facilitation of a Six Thinking Hats Innovation Session. We are committed to building inclusive cultures by promoting diversity of thought and experience through this Parallel Thinking Process. Organizations that invest in our program enhance team dynamics and operational efficiencies. The Six Thinking Hats methodology provides teams with improved communication through a common language for creative thinking, idea generation, innovation, decision-making, and process improvement. Companies rely on our program to create an environment that promotes a greater exchange of multiple perspectives for employees to foster mutual respect and a sense of ownership in the organization's direction.

Duration: 2-hour group facilitation, Planning, and Debrief sessions with Sponsor

# Coaching

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**Executive Coaching** 

- 6-month program
- 1-hour weekly sessions
- 24 Total Sessions

Mid-level Manager / High Potential Individual Contributor Coaching • 6-month program

- 1-hour bi-weekly sessions
- 12 Total Sessions

**Group Coaching** 

- 3-month program
- 1-hour monthly sessions
- 3 Total Sessions

(Potential Topics- Facilitated personal development book study, Influence & Impact, Managing Conflict)

# **Hogan Personality Assessments**

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Organizations need effective, sustainable leadership programs like this to prepare employees for current and future roles and equip leaders for success in today's volatile business environment. Centered around the certified Hogan Assessment standard, organizations rely on our program to improve the quality of talent in the organization, facilitate individual development, and enhance team effectiveness. As the traits measured by the Hogan tools are particularly salient in leadership, the assessment suite is widely used for leadership development from middle management to the executive level.

## Workshops

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Organizations that invest in our Strategic Self Awareness workshops seek to boost and enrich employee communication, engagement, trust and productivity, and culture. Companies rely on our program to create an environment that promotes enriched emotional intelligence, greater empathy, listening skills, and strengthened relationships. (Potential Workshop Topics - Values, Strengths, Guest Speakers, or Enneagram deep dive on Communication and Collaboration)